

# SOLACE SUNRISE WALK 2024

## ABOUT OUR SERVICES

Based in New York, Solace House is dedicated to providing comprehensive mental health support at no cost. Our services include counseling for individuals experiencing suicidal thoughts, self-harm behaviors, or those who have been affected by suicide. We also extend our support to families and offer group bereavement counseling and community awareness workshops to educate and bring people together. Our team consists of highly trained Licensed Clinical Social Workers and Master of Clinical Social Workers, specialized in suicide prevention and mental health care. All our services are confidential and free of charge, ensuring accessible support for everyone in need.

## MENTAL HEALTH INSIGHTS

- In 2021, 48,183 people died by suicide in the U.S; that is 1 person every 11 minutes (SAMHSA)
- On average, there are 130 suicides per day (AFSP)
- Suicide affects all ages. It is the second leading cause of death for people ages 10-34 (CDC)
- In the past 12 months, Solace House has provided over 3,179 hours of free therapy to over 300 clients, with up to 75 clients per week. Solace House has indirectly supported over 600 individuals through referrals, resources, trainings, and calls.
- There is still a large unmet need where Solace House can continue to expand and support.

## ABOUT OUR WALK

The Solace Sunrise Walk is a poignant event that starts in the early morning darkness, leading into the dawn's light. It symbolizes the journey many of our clients face, from experiencing isolation and despair to finding hope and healing. This event unites people in a powerful statement against suicide, fostering community spirit and awareness about mental health issues. We invite you to join us to honor loved ones lost to suicide, offer support to those in need, and help dismantle the stigma surrounding mental health challenges.

## WHY PARTICIPANTS WALK

- To raise awareness about suicide prevention and mental health.
- To strengthen community ties, emphasizing the message "you are not alone."
- To challenge and reduce the stigma associated with suicide and mental health.
- To remember and pay tribute to friends and family members who have passed away due to suicide.
- To inspire hope in individuals who are currently facing mental health challenges.

# 2024 SUNRISE WALK SPONSORSHIP REQUEST

## REQUEST

Solace House is asking individuals and local businesses to support our organization by donating to this year's Solace Sunrise Walk. Solace House is a suicide prevention center, serving our community, working to end suicide among our own family members and friends. Since opening our doors in 2015, we have continued to expand our ability to help more people through generous donations. All services we provide are completely FREE of charge because money should never come in the way of saving someone's life.

## SPONSORSHIP LEVELS

- T-Shirt Sponsor \$5,000**  
For this level, your logo will be featured on the 2024 Solace Sunrise Walk T-Shirts, will be on our walk sponsor cards given to participants in all of our U.S. venues. It will also be on the official walk banner and individual mile signs in all walk locations, as well as on our website and social media handles.  
\*Sponsorship needs to be submitted by April 20th to secure T-Shirt placement.
- Banner Sponsor \$2,500**  
For this level, your logo will be on our walk sponsor card and official walk banner showcased at one walk venue's starting point. You will also sponsor one of our miles along the route of that venue. In addition, your logo will be acknowledged on our website and social media handles.
- Walk Card Sponsor \$1,000**  
For this level, your logo will be on our walk sponsor card and official walk banner showcased at one walk venue's starting point. Your logo will also be acknowledged on our website and social media handles.
- Media Sponsor \$500**  
For this level, your logo will be on our walk sponsor card and be acknowledged on our website and social media handles

Please proceed to the following page to complete your contribution.



*Solace House Inc., is a not for profit 501 (c) 3 tax exempt charitable organization, and your contribution is deductible to the extent allowed by law.*

# 2024 SUNRISE WALK SPONSORSHIP FORM

## TO BECOME A SPONSOR

Please fill out the information below and send with a check by mail before May 1, 2024 to CEO, Rebecca Skedd, 1040 Jackson Ave, Long Island City NY, 11101. You can also make a donation online ([www.SolaceHouseUSA.org](http://www.SolaceHouseUSA.org)), or make a donation via ACH transfer: Bank: Wells Fargo. Account: 7509442799. Routing: 026012881

**Name:** \_\_\_\_\_

**Company Name:** \_\_\_\_\_

**Donor Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Sponsorship Amount:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Email:** \_\_\_\_\_

Your donation helps us save lives.

[www.SolaceHouseUSA.org](http://www.SolaceHouseUSA.org)

**Contact:** Danielle Gallagher

**Phone:** 718 - 482 - 0001

**Email:** [Danielle.gallagher@SolaceHouseUSA.org](mailto:Danielle.gallagher@SolaceHouseUSA.org)

**Social:** @SolaceHouseUSA

